

CPAC NEWSLETTER #6

NOTE – THIS IS THE LAST REGULAR NEWSLETTER FOR THE SEASON. WE WILL BE SENDING ADDITIONAL E-MAIL REMINDERS, BUT PLEASE REVIEW THIS NEWSLETTER CAREFULLY AS IT HAS ALL THE END OF THE SEASON INFORMATION

1. Coach Juliet had a family emergency and is currently out of town. We will keep you up to date on her return plans.
2. Final score of our swim meet against Larkspur was CPAC 400 and Larkspur 358. We are 3-1 for the season and we expect a close meet this coming weekend against Cavalier Golf & Yacht Club.
3. Our last regular swim meet is an **AWAY** meet at Cavalier Golf & Yacht Club on Saturday, July 18th. A map is provided at the end of the newsletter, but you can also go the VBSL website, www.vbsl.net, or the “Directions to Away Meets” link on our website for a map to Cavalier. Call Kevin’s cell (647-2616) or Rip’s cell (335-0729) if you have a problem getting to the meet. Please be at the pool by 7:20 as our warm-ups will run from 7:30-7:45. There will be an official’s and timer’s meeting at 7:45 and the meet should start at 8 AM.

IMPORTANT NOTE – DECK SPACE AND SPACE IN GENERAL AROUND THE POOL AT CAVALIER IS VERY LIMITED. THERE IS NO ROOM FOR PERSONAL TENTS. PLEASE PLAN TO JUST BRING FOLDING CHAIRS.

We will have the side of the pool closest to the Cavalier Clubhouse. There are several parking lots adjacent to the pool area. The volunteer link is: http://www.mysignup.com/cgi-bin/view.cgi?datafile=volunteer_sign_up_7_18_09

4. A reminder that the end-of-the-season awards ceremony/party will be Monday, July 27th at 7:30 PM at Honey Bee. This year we will have a dessert buffet. We are asking for each family to bring a small dessert dish to share (i.e. a small cake or pie, plate of cupcakes or cookies, etc) and one 2 liter bottle of soda. Due to the size of the team, we are not going to call out every swimmer’s name for an individual trophy. The individual trophies will be available for pickup when you arrive so that you will have time to take photos with your coaches if you desire. We will present the most improved and most outstanding swimmer awards, and then have an open swim until about 9:00. If you cannot make it that night, we will make arrangements to get you your swimmer(s) items.
5. Our optional fun-day day at Ocean Breeze is set for Thursday, Jul 30th. The park opens at 10 AM and we just show up and enjoy the sun and rides. We generally try to find a large umbrella area or two to congregate in, but this is generally a do what you want to do day. We have arranged for an admission & all-you-can-eat buffet lunch deal (hamburgers, hot dogs, soda, chips) if we have a minimum of 15 people interested in participating. Our lunch will run from 1-2 PM and then we will take a group photo at the wave pool at 2:15 PM. Here are the prices (includes tax):

- Adult admission w/lunch buffet - \$25.04

- Child (ages 3-9) with lunch - \$20.31

- Lunch only - \$7.70

If you are interested in the admission with lunch or lunch only deal, we need you to clip off the bottom portion of the newsletter and get it back to Kevin or Rip with cash or a check made out to CPAC by Wed July 22nd.

If you do not want to participate in the lunch, you will have to purchase admission tickets on your own. Here are the 2009 prices for All-day Admission:

Adult \$23.99

Child (Ages 3-9) \$16.99

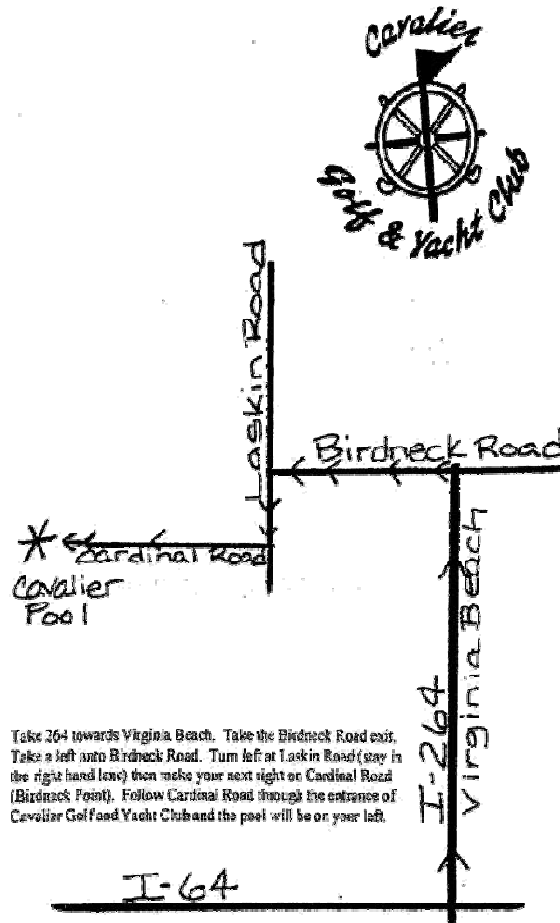
Child (2 and under) FREE

Senior Citizen (55+) \$16.99

Military Adult (with ID) \$21.99
Military Child (Ages 3-9) \$14.99

The Ocean Breeze website (www.oceanbreezewaterpark.com) has a coupon you can download to save \$2 per person (good for up to 6 people).

6. The selection of swimmers for the Divisional Championship Swim Meet will be done the afternoon of Sat, Jul 18th following our last regular swim meet. We will call everyone selected that evening and will also post the entry list on the website. Practice next week will be only for those swimmers selected for divisionals and will run from 7:30-8:30 PM for 10 and unders, and 8:30-9:30 for all swimmers 11+.



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Family Name _____

We are interested in attending the fun day at Ocean Breeze on Thursday, July 30th and would like:

- _____ Adult with lunch admissions (\$25.04 per adult)
- _____ Child (ages 3-9) with lunch admissions (\$20.31 per child)
- _____ Lunch only – we will use our season pass or obtain other tickets for admission (\$7.70 per lunch)

Enclosed is a total of \$ _____

Note – This sheet and payment are due by Wed, July 22nd. The admission tickets and lunch wristbands will be available for pickup at the awards ceremony on Mon, July 27th.